



The SYNC Capstone Project Portfolio

*47 Capstone Projects Conducted by SYNC Teams
Across Virginia*





Each SYNC team conducts a Capstone Project in which they identify a current challenge in their organization or community, and go to work on creating a solution.





47 SYNC Capstone Projects have been conducted by interprofessional teams from hospitals, health systems, medical practices, free clinics, rural health centers, community behavioral health organizations, pharmacies, and public health agencies.





Collaboration is key to the SYNC Capstone Project experience, as professionals collaborate across disciplines, and organizations collaborate across sectors.





As one result, SYNC has become a state and national model for generating clinical-community partnerships with public health organizations.





Click forward to view the topics and organizations for
47 SYNC Capstone Projects conducted to date.





SYNC

Transforming Healthcare Leadership

Joint Partnership of VHA, VNF & MSV

Creating Community-Clinical Linkages Through A Garden-Based Patient Nutrition Education Lifestyle Change Program

VDH – CRATER HEALTH DISTRICT – PETERSBURG TEAM

SYNC CAPSTONE TEACH-BACK: MARCH 11, 2016



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An alliance of hospitals and health delivery systems



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FOUNDATION



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VDHLiveWell.com



Patient-Centered Interdisciplinary Rounds

MEMORIAL REGIONAL MEDICAL CENTER, BON SECOURS RICHMOND
HEALTH SYSTEM

SYNC CAPSTONE TEACHBACK: MARCH 11, 2016





Integrative Oral Health Education

EDWARD VIA COLLEGE OF OSTEOPATHIC MEDICINE

SYNC CAPSTONE TEACH BACK: MARCH 11, 2016

BRIAN DICKENS, DO LAWRENCE KYLE, DDS

C. KAY LUCAS, RN WATSON EDWARDS, RN





Medication Reconciliation: A Pilot Program

UVA Culpeper Hospital
SYNc capstone Teach back
March 11, 2016





IMPROVING COMMUNICATION AND HANDOFFS DURING TRANSITIONS OF CARE FOR ICU PATIENTS.

CENTRA HEALTH – INPATIENT TEAM

SYNC CAPSTONE TEACH BACK: MARCH 11, 2016





The Hopewell Model of Healthcare

VDH – CRATER HEALTH DISTRICT – HOPEWELL TEAM

SYNC CAPSTONE TEACHBACK: MARCH 11, 2016





Diabetes Prevention

A Public Health Collaborative

MASON AND PARTNERS CLINIC & PRINCE WILLIAM HEALTH DISTRICT

MSV SYNC CAPSTONE TEACH BACK





Prescription Refill Best Practices and Procedures

CENTRA SOUTHSIDE MEDICAL CENTER

SYNC CAPSTONE TEACHBACK: MARCH 10, 2017





Barriers to Breast Cancer Screening Valley Health

[WINCHESTER MEDICAL CENTER]

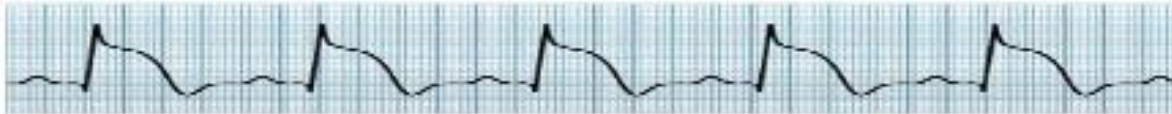
SYNC CAPSTONE TEACH BACK: MARCH 10, 2017





SURVIVE, DON'T DRIVE: CALL 911

Can Strategic Marketing Produce Sustained Success?



WINCHESTER MEDICAL CENTER CARDIOVASCULAR SERVICE

SYNC CAPSTONE TEACHBACK: MARCH 10, 2017





A Multidisciplinary Approach to Reduce COPD Readmissions

Centra Southside Community Hospital

Pavan Annamaraju, MD

March 10, 2017





Hypertension: Community Collaboration to Manage Portsmouth's Greatest Health Need

BON SECOURS MARYVIEW MEDICAL CENTER

VIRGINIA DEPARTMENT OF HEALTH, PORTSMOUTH HEALTH DEPARTMENT

SYNC CAPSTONE TEACHBACK: MARCH 10, 2017





Interprofessional Care Consultation Team

CENTRA LYNCHBURG GENERAL HOSPITAL

SYNC CAPSTONE TEACHBACK: MARCH 10, 2017





ED SYNC Team: Patient Flow

CENTRA

SYNC CAPSTONE TEACHBACK: MARCH 10, 2017



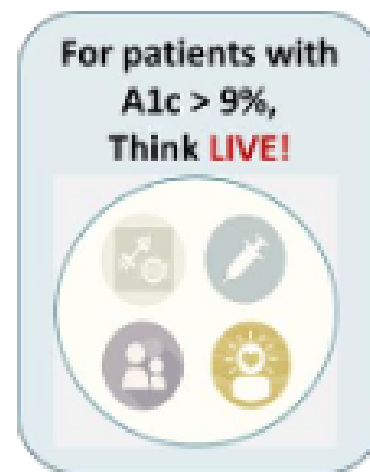


Promoting Community Hypertension Management Through Self-Monitoring

CRATER HEALTH DISTRICT WITH SOUTHSIDE REGIONAL MEDICAL CENTER

SYNC CAPSTONE TEACHBACK: MARCH 10, 2017





The LIVE! Campaign:

Leading Quality Improvement in the Primary Care Management of Poorly-Controlled Diabetes

CARILION CLINIC

DEPARTMENT OF FAMILY & COMMUNITY MEDICINE

SYNC CAPSTONE TEACHBACK: NOVEMBER 10, 2017





Diabetes: Finding the Sweet Spot of Patient and Community Engagement

EASTERN VIRGINIA MEDICAL SCHOOL

SYNC CAPSTONE TEACHBACK: NOVEMBER 10, 2017





Increasing Colorectal Cancer Screening Rates Among Employees

HCA- (HENRICO DOCTORS', PARHAM AND RETREAT HOSPITALS & WEST CREEK AND HANOVER FREESTANDING EMERGENCY ROOMS)

SYNC CAPSTONE TEACHBACK: NOVEMBER 10, 2017





Food Farmacy



CLINIC-BASED PRESCRIPTIVE NUTRITION

HEALTH BRIGADE AND SHALOM FARMS

SYNC CAPSTONE TEACHBACK: NOVEMBER 10, 2017





Improving Community Health-One Patient at a Time: *Diabetes and Pre-Diabetes in Woodbridge, VA*

LAKE RIDGE OPHTHALMOLOGY & SENTARA FAMILY
HEALTH CONNECTION MOBILE HEALTH CLINICS

SYNC Capstone Teach back: November 10, 2017





Community-Based Hypertension Management

SRMC Team: HLLC, SPN, SRMC-SON & VDH

SYNC CAPSTONE TEACHBACK: NOVEMBER 10, 2017





Improving Lung Cancer Screening Across The Valley Health System

VALLEY HEALTH- LDCT TEAM

SYNC CAPSTONE TEACHBACK: NOVEMBER 10, 2017





Improving Transitions in Care: Utilizing a Community Health Worker to Reduce 30-day Readmissions for Patients with COPD or CHF

VALLEY HEALTH SYSTEM AND THE FREE MEDICAL CLINIC

SYNC CAPSTONE TEACH-BACK: NOVEMBER 10, 2017





CENTRA

Critical Medicine Access

Centra Health Lynchburg, VA

October 26, 2018





A Church-Based Strategy to Live a Healthier Lifestyle

[EVMS-SENTARA HADSI/HAGUE PHARMACY]

SYNC CAPSTONE TEACHBACK: OCTOBER 26, 2018





Using Health Coaches to Improve Diabetes and Hypertension Management in Community Health Center Populations

OLDE TOWNE MEDICAL AND DENTAL CENTER (OTMDC)

COLONIAL BEHAVIORAL HEALTH (CBH)

SYNC CAPSTONE TEACH BACK: OCTOBER 26, 2018





SYNC

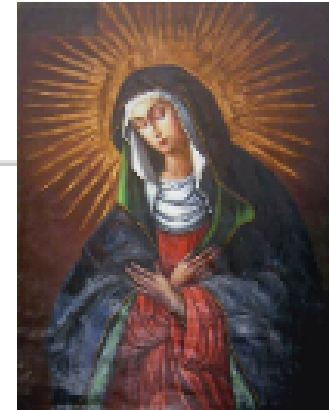
Transforming Healthcare Leadership

Joint Partnership of VHA, VNA, MSV & VDN

Diabetes Prevention and Early Detection

MOTHER OF MERCY FREE MEDICAL CLINIC

SYNC CAPSTONE TEACHBACK: OCTOBER 26, 2018



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Linking Virginia to “All of Us”

HAMPTON UNIVERSITY

SYNC CAPSTONE TEACH-BACK

OCTOBER 26, 2018





RIVERSIDE

Improving wellness of cancer patients
through increased distribution of cancer
survivorship plans.

RIVERSIDE HEALTH SYSTEM, NEWPORT NEWS VIRGINIA

SYNC CAPSTONE TEACHBACK: OCTOBER 26, 2018





“Under Pressure”

Intense Team Intervention for Patients with Uncontrolled Hypertension

CARILION RIVERSIDE INTERNAL MEDICINE, ROANOKE, VA

SYNC CAPSTONE TEACHBACK: OCTOBER 26, 2018





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Prediabetes: Screening and Referral Process at Augusta Health

AUGUSTA HEALTH SYNC CAPSTONE

TEACHBACK: 9/26/19



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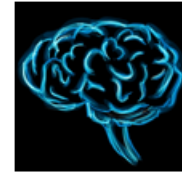
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SENTARA®

Wheel of Misfortune: Don't Bankrupt Your Brain



SENTARA PRINCESS ANNE HOSPITAL

SYNC CAPSTONE TEACHBACK: SEPTEMBER 26, 2019

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Implementation of a Statewide Extension for Community Healthcare Outcomes Stroke “ECHO” Project

UNIVERSITY OF VIRGINIA HEALTHSYSTEM

SYNC CAPSTONE TEACHBACK: 09/26/2019





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The Application of Telemedicine to Improve Post Stroke Care

UNIVERSITY OF VIRGINIA MEDICAL CENTER

SYNC CAPSTONE TEACHBACK: 09/26/2019





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Increase Patient Volume for Oncology Clinical Trials

VALLEY HEALTH – WINCHESTER MEDICAL CENTER

SYNC CAPSTONE TEACH-BACK: SEPTEMBER 26, 2019





A new CARE plan: An innovative approach to secondary stroke prevention

VCU HEALTH

SYNC CAPSTONE TEACHBACK: SEPTEMBER 26, 2019





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Pharmacists Improving Diabetes and Cardiovascular Outcomes ^I(PIDCO)

ACP- CARILION CLINIC

SYNC CAPSTONE TEACHBACK: MARCH 6TH, 2020





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LEVERAGING RESOURCES TO IMPACT CARDIOMETABOLIC OUTCOMES

CARDIAC HEALTH MANAGEMENT NETWORK, PC

SYNC CAPSTONE TEACHBACK: MARCH 6, 2020





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PICU Nurse-driven Sedation Guideline Roll-out

UVA PICU

SYNC CAPSTONE TEACHBACK: MARCH 6, 2020





Survivorship Care Plan

UVA HEALTH

SYNC CAPSTONE TEACHBACK: MARCH 6, 2020





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Patient Centered Approach for Mitigating Stroke Risk Factors through Education

MCGUIRE VAMC RICHMOND, VA

SYNC CAPSTONE TEACHBACK: MARCH 6, 2020





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Redesigning Diabetes Care: Outcome driven Team Approach

DIVISION OF ENDOCRINOLOGY AND METABOLISM: VCU HEALTH

SYNC CAPSTONE TEACHBACK

MARCH 6, 2020



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Improving hypertension control in a safety-net clinic

#757 WECare Clinic (Eastern Virginia Medical School, Old dominion university, Hampton University, Norfolk State university)

SYNC capstone Teachback: March 5, 2021





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Diabetes Management Pilot

AUGUSTA HEALTH

SYNC CAPSTONE TEACHBACK: MARCH 5, 2021





Screen Team: Cervical Cancer Screening

Southeastern Virginia Health System

SYNC CAPSTONE TEACH BACK: March 5, 2021





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Home Health Care With Heart

Remote Patient Monitoring in Reducing Re-Hospitalizations for Hypertensive Patients

The Cardiac Connection Home Health Care

SYNC Capstone Teachback: march 5. 2021





Colorectal Cancer Screening

VALLEY HEALTH SYSTEM

SYNC CAPSTONE TEACH-BACK: MARCH 5, 2021





Visit SYNCVA.org to learn more about SYNC!

